



Supporting your child through room transitions

Have you ever noticed how moving into a new room at an early learning centre can feel like a big step not just for your child, but for you too? New teachers, new friends, new environment rhythms - it can all feel a little exciting and a little overwhelming at the same time!

The great news is that these transitions are a wonderful part of your child's learning journey! They're gaining confidence, building independence, and discovering new ways to explore and grow in new environments that are ready to meet their ever expanding learning needs!

So how do our kaiako (teachers) at Evolve Education make these transitions smooth and positive, and what can you do as a parent to support your child along the way?

Collaboration and communication

Successful transitions happen when kaiako, whānau, and children work together, with the child's needs always at the heart of any decisions.

Open conversations between parents and kaiako help everyone feel confident and connected, whether that's discussing readiness for a move, sharing what's working well at home, or raising any worries along the way.

Children, too, are seen as active participants in this process. Kaiako talk with them about their new room, listen to their questions, and include them in simple choices.

When children feel heard and involved, they gain a stronger sense of control and belonging during this important period of change.



Whānau are warmly encouraged to play an active role as well.

If you haven't already visited your child's new learning space then please ask to visit and meet the kaiako there, especially your child's new portfolio teacher.

As part of the transition process, the kaiako in your child's current room will pass on to the kaiako in the next room any information about your child's interests, strengths and areas where they may need a little more support. They will also round off your child's current individual learning plan ready for them to extend their learning in the new learning space.

When children see both their parents and their kaiako working together and showing excitement about the new space, it sends a powerful message: this is safe, this is positive, and you belong here.

Predictability

Children thrive on predictability. Keeping familiar routines during a transition helps your child feel safe and secure in their new space. While the room may look different, kaiako work hard to maintain familiar rhythms around meals, rest times,

and learning experiences.

At home, you can support this by keeping morning and evening routines steady during the transition period. Talking through what will happen each day also gives children a sense of control: "Today we'll visit your new room for a little while, then I'll pick you up after afternoon tea."

This predictability reassures your child that while some things are changing, the important things, like their relationships with you and their overall sense of security, remain the same.

It's important to remember that transitions aren't always easy. Some days can be smooth sailing and others a little more wobbly. This is totally okay! Kaiako are here to support both your child and your whānau every step of the way.

At Evolve Education, our promise is to nurture confident, happy, curious, and independent learners. Transitions are a big part of this journey, and by working together we can make sure every step forward feels positive and empowering for both you and your child.